



Rowan County, NC *Facts* at a glance



- Rowan County has a population of 144,491.
- There are 22,881 individuals living at or below the poverty level. This represents 15.8% of the population.
- There are 12,798 individuals 65 years and older living at or below the poverty level. This represents 10.4% of the older adult population.
- There are 7,551 children living at or below the poverty level. This represents 23.1% of the child population.

Rowan County Distribution

In 2024-2025, the Food Bank distributed over 88 million pounds of food and household items throughout our 24 county service region.

In the past year, the Food Bank distributed over 2.6 million pounds to agencies in Rowan County.

Rowan County Partners

The Food Bank supports 34 programs in Rowan County including Rowan Helping Ministries, Salvation Army, CCM/Kannapolis, Nazareth Children's Home, Rufty-Holmes Senior Center, Grateful Heart, and Southside Community Outreach.

Child Hunger Programs

The Food Bank sponsors Backpack Programs in Rowan County.