

Gaston County, NC *Facts* at a glance



- Gaston County has a population of 227,676.
- There are 29,054 individuals living at or below the poverty level. This represents 12.8% of the population.
- There are 4,639 individuals 65 years and older living at or below the poverty level. This represents 12.7% of the older adult population.
- There are 8,282 children living at or below the poverty level. This represents 16.3% of the child population.

Gaston County Distribution

In 2024-2025, the Food Bank distributed over 88 million pounds of food and household items throughout our 24 county service region.

In the past year, the Food Bank distributed over 4.4 million pounds to agencies in Gaston County.

Gaston County Partners

The Food Bank serves 41 programs in Gaston County including Crisis Assistance Ministry, S.O.C.K.S., Belmont Community Organization, Dallas Christian Ministries, New Covenant Church, Cherryville Area Ministry and Salvation Army.

Child Hunger Programs

There are 4 Kids Café sites in Gaston County. These are located at the West Gastonia Boys and Girls Club, Bessemer City Boys & Girls Club, Bradley Teen Center Boys and Girls Club and Boys and Girls Club Dallas. The West Gastonia site also has a Backpack program.