

Cabarrus County, NC *Facts* at a glance



- Cabarrus County has a population of 229,228.
- There are 20,450 individuals living at or below the poverty level. This represents 8.9% of the population.
- There are 2,911 individuals 65 years and older living at or below the poverty level. This represents 9.6% of the older adult population.
- There are 6,873 children living at or below the poverty level. This represents 11.8% of the child population.

Cabarrus County Distribution

In 2024-2025, the Food Bank distributed over 88 million pounds of food and household items throughout our 24 county service region.

In the past year, the Food Bank distributed almost 2.9 million pounds to agencies in Cabarrus County.

Cabarrus County Partners

The Food Bank supports 42 programs in Cabarrus County including Cooperative Christian Ministry, Operation Bread Basket, Church of God Children's Home, Salvation Army, Harrisburg Crisis Assistance, Baptist Sharing House, and Multiply Church of God.

Child Hunger Programs

The Food Bank sponsors Kids Café sites at the Boys & Girls Club of Cabarrus County and Multicultural Student Union. The Food Bank also sponsors Backpack programs at several schools throughout the county.

Second Helping Program

The Second Helping Program provides monthly food boxes to homebound seniors in Cabarrus County. These boxes are provided by the Food Bank and delivered by the Cabarrus County Senior Center.